



Trumbull Advocacy & Protective Network, Inc...
Bridging the Gaps within Trumbull Senior Services!

14th Annual TAPN Cross-Training
Co-Sponsored by Direction Home of Eastern Ohio

**Safety Awareness and Planning in Senior Services...
For Office Visits, Home Visits and Group Settings**

**Featuring Nationally Recognized Safety Trainer
Janet Nelson, MSW, ACSW, LCSW
Originator of Everyday Self Defense®**

Date: Friday, October 25, 2019

Time: 7:30 AM – 8:00 AM Registration/Continental Breakfast
8:00 AM – 12:00 PM Workshop

Location: Girard Multi-Generational Center
Please enter the building through the gym doors (directly across from the Trumbull Mini-Mart).
443 Trumbull Avenue
Girard, Ohio 44420

CEU's: 3 1/2 Hours for Counselors and Social Workers provided by Valley Counseling Services
(VCS is an approved provider of continuing education by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board # RCS050602.)

Tentative Agenda

7:30 to 8:00	Registration, Networking and Continental Breakfast (Information Table Set-Up)
8:00 to 8:05	Welcome/Overview/Introductions Russ Osman, TAPN Chair and Assistant Director of Trumbull Metropolitan Housing Authority
8:05 to 9:15	Self Defense: The Mind-Body Connection
9:15 to 9:25	Break (Information Tables, Agency Research and Networking Opportunities)
9:25 to 10:35	Being Prepared for Safety: Worker Tips, Plans and Support
10:35 to 10:45	Break (Information Tables, Agency Research and Networking Opportunities)
10:45 to 11:55	The Administration of Safety: Office Projects, Policies and Procedures to Keep Workers Safe in the Office and in the Field
11:55 to 12:00	Closing, Evaluations and Wrap-Up John Myers, TAPN Training Committee and Director of Planning and Evaluation at TCMHRB
12:00	Optional Tour of Girard Multi-Generational Center Facilities

Cost: **Free to all staff of TAPN member agencies!**
Local professionals who are not part of a TAPN member agency may register for \$40.00 after October 11, 2019 (space permitting).

RSVP: Members should register prior to October 11th to reserve a seat before registration opens to non-members. However, space permitting, members can register all the way up to the start of the event.

Dress: Business Casual – Comfortable! Please dress in layers to accommodate temperature variations!

Registration: Members can register three ways (non-members should call/email to confirm space and must register with payment by mail or in person at the event):
By Phone: Cindy Miklus, TAPN Executive Director, at (330) 550-9244
By E-Mail: cmiklus@neo.rr.com
By Mail: TAPN, PO Box 256 Brookfield, Ohio 44403 (Form on Back)

Learning Objectives:

This training will help participants to...

1. Develop better situational awareness to help them identify potential safety issues.
2. Act proactively when feeling threatened using de-escalation and disengaging techniques.
3. Learn at least three self-defense techniques that they could use on the job if necessary.
4. Identify at least five techniques to keep workers safe on a home visit, in their car and in the office.
5. Develop a safety plan to use before each home visit.
6. Identify and assemble at least three things to carry with them that will make them safer on the job.
7. More accurately assess safety policies/procedures within their agency of employment and make at least one recommendation to make their agency safer.
8. Apply better charting and review skills for client files to determine heightened situations of potential risk.

About the Presenter:

Janet Nelson, MSW, ACSW, LCSW



Janet Nelson, MSW, ACSW, LCSW combines over forty years of experience as a social worker and a martial artist in her Everyday Self Defense® programs. Since 1995, she has applied her life experience to the growing personal safety needs of social workers and other human service workers. Since 2005, she has routinely trained Kansas-licensed social workers. Kansas is the only state that requires self-defense CEU training for licensed social workers. In 2019, she was inducted into the Association of Women Martial Arts Instructors Hall of Fame.

Janet's perspective enables her to consider both professional practice standards and the need for worker safety awareness skills. While the overall theme of an Everyday Self Defense® training is to prevent, avoid and escape violence, Janet recognizes that, unfortunately, social workers and other human service workers can no longer ignore their personal safety on the job. Noting that most self- defense isn't physical, she teaches situational awareness, de-escalation techniques and centering skills that allow providers to deal more effectively with threatening situations. However, her presentations are tailored to the group she is addressing. For TAPN, she will be covering the safety empowerment needs of social workers, homecare workers, senior center/housing/long term care workers, human services office workers, mental health and medical staff, supervisors/administrators, etc.

She has presented nationally to many social services groups including the following... National Adult Protective Services Association, West Virginia Chapter – NASW, Tennessee Chapter – NASW, Pinellas County (Florida) Public Schools, New Jersey Department of Children and Families, National Association of Social Workers (Washington, DC), Indiana State University Department of Social Work, Illinois Elder Rights Conference, Comfort Keepers Home Care of Greater Kansas City, etc.

<u>All member agencies are asked to bring materials for an information table!</u>
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Each member agency/organization will be given space to display agency information and distribute support materials for their programs, particularly services offered to seniors and/or new programs!
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TAPN Cross-Training 2019 Registration Form:

Name: _____

Agency You Are Representing: _____

TAPN Member: Yes No* Contact Phone Number: _____

License Number if you wish to receive CEU's: _____

Email: _____

Additional Attendee(s) from SAME Agency:

Name	License Number Required If CEU's are Requested

Please attach an additional sheet if necessary.

*Please be sure to include a \$40.00 payment by check for each non-member registration.

This event is being supported by the members of the TAPN Executive Board:
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Valley Counseling Services, Direction Home of Eastern Ohio, Trumbull County Board of Developmental Disabilities, Trumbull County Mental Health and Recovery Board, SCOPE Senior Services, Trumbull County Probate Court, Compass Family and Community Services, Trumbull County Commissioners/Office of Elderly Affairs, Trumbull County Department of Job and Family Services, Trumbull Metropolitan Housing Authority and Guardianship and Protective Services, Inc.
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Financial support is also provided by the Trumbull County Senior Services Levy.
